

A Brief Report on School Counseling and Remediation Program 2017-18

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### **Abstract**

Centre for Mental Health Services - School Counselling Remediation(CMHS-SCR) Program's primary objective is to train students in the field of school counseling and remediation. CMHS-SCR Program is organized and managed by Centre for Mental Health Services(CMHS) in collaboration with Teach for India(TFI), Pune. The students are placed in one of the 10 low income schools as identified by Teach for India. Each student is supervised and trained by 1 or more trainer provided by CMHS for **6 months**. The student needs to attend **6-8 hours/week** of hands-on(field) training. Furthermore, the students are expected to attend online and offline lectures. Short online assessments are conducted based on these lectures. The students receive 2 training certificates (school counseling, remediation), 1 letter of supervision, 1 volunteership certificate after successful completion of the program.

*Keywords:* CMHS-SCR, Description, St. Mira College,

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CMHS-SCR Program was conceptualized and developed by Mr. Tanmay Banerjee (Founder of CMHS, Cert. RECBT Practitioner, MA Clinical Psychology) & Mr. Uday Nair (TFI - School Team Lead, MA Clinical Psychology). We provide Mental Health Services at Low Income Schools across Pune. Currently, we are collaborating with Teach for India, to train students perusing Bachelor's and Master's degrees in the field of psychology or allied fields.

### **Details and Nature of the Program**

#### **Internship time period:**

The internship is provided for a period of 6 months. Furthermore, the student is expected to complete 6- 8 hours of hands-on training per week.

#### **Nature of Training**

The student is provided with hands-on training during school visits. Furthermore, the students are provided theory sessions via online and offline sessions. During the course of the program. The student will be provided with guidance to conduct 1 research in the area of school counseling and remediation.

#### **Assessments**

30 online and 15 applied assessments are conducted based on the theory lectures. The student is expected to score a minimum of 35% overall to secure training certificates.

#### **Evaluation and Monitoring**

Each student is provided with a worklog. Furthermore, worklogs for all assessments, lectures, school and community visits are maintained by the trainers. All students will be

evaluated based on their assessment scores, daily learning, effort & impact. The Teach for India Teachers, the Principal, the Trainer provide feedback every month on the student's performance.

### **Rules and Regulations**

Students have to adhere to all school rules, Child protection Policy, rules and rules laid out by CMHS. These rules are subject to change. These rules include dress code, timing and dates of visit, rules related to carrying & using prohibited items and substances.

The student is not allowed to individually visit the community. During community visits, the students are accompanied by the trainer(s) and the fellows(teachers).

### **Supervisor/Trainer**

Each student is placed in a batch with a trainer. The trainer will be present to guide and train the student during school visits. All the trainers are well qualified with considerable experience in the field of psychology.

### **Content of Training**

Training is providing for the following subjects: Psychological Testing, Laws: Child Safety & Protection, Counseling Procedures, Developmental Psychology, Research Methodology, Remediation Procedures.

### **Benefits, Perks and recognition**

The student is provided a platform to develop her own network. CMHS provides guidance and contact for developing these connections. Furthermore, CMHS will provide its membership wherein the students will be notified of any major changes in the field of school counseling and remediation. CMHS may train the students and update their training certificates in case of major changes in the field of school counseling and remediation.

List of Perks and Benefits

1. CMHS Certificate of Training in Remediation\*
2. CMHS Certificate of Training in School Counselling\*
3. CMHS Letter of Supervision\*
4. Teach for India customized letter of volunteership
5. Cases in the field of school Counselling
6. Network Development and Resources
7. CMHS membership

### **Copyright, intellectual property rights, patenting**

CMHS doesn't claim any copyright for the collected case-histories, researches and other documented work. However, CMHS may hold a copy of the aforementioned documents for reporting, training and development purposes. In case, CMHS requires to use any material for its own commercial purpose, CMHS will approach the student to gain permission for using the material.

### **Admission Procedure and Entrance Exam**

CMHS conducts 1 online entrance exam followed by telephonic and/or interview. During the interview, 1 school and 1 trainer is allocated to the student. The student's dates of school visits are allotted after her college schedule are taken into consideration.

**Students from St. Mira who have enrolled in our Program**

1. Ms. Aarya Kartha(SYBA)
2. Ms. Aashini Goyal(TYBA)
3. Ms. Angel Saju(SYBA)
4. Ms. Ashna Mathew(SYBA)
5. Ms. Bhagyashree Parchure(SYBA)
6. Ms. Denise Pereira(SYBA)
7. Ms. Fatema Lightwala(SYBA)
8. Ms. Gauri Sitania(SYBA)
9. Ms. Gurveen Dawar(SYBA)
10. Ms. Khushboo Agarwal(SYBA)
11. Ms. Madhura Phadtare(SYBA)
12. Ms. Michelle Johnson(TYBA)
13. Ms. Shweta Yadav(TYBA)
14. Ms. Soumya Somashekar Nair(SYBA)
15. Ms. Swati Yadav(SYBA)
16. Ms. Kajal Sahu(SYBA)

### **Acknowledgement**

The information contained in this document is accurate to best of signer's knowledge.



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*Co-Founder*  
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